

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October, 2024

		<p>9:30 AM: Daily Chronicle 1 10:00: Fun Fact (Topic: animals) 10:40 AM: Stretching 11:10 AM: Word Search 2:00 PM: Happy Hour w/ Geri 3:15 PM: CJ for exercises 4:00 PM: Bingo 6:45 Timeless TV</p>	<p>10:40 AM: Gardening and feeding Sheldon the turtle 2 11:30: Chronicle of the day + Fun Fact (Natures Beauty) 3:00 PM: Spa Afternoon 4:00 PM: Bingo 6:45 Western TV</p>	<p>9:30 AM: Chronicles of the Day 3 Fun Fact (Topic: Space) 10:40 AM: Learn About Your Lungs Presentation 2:30 PM: Zumba 3:00 PM: Trivia game 4:00 PM: Bingo 6:45 Thriller TV</p>	<p>9:30 AM: Chronicles of the Day 4 Fun Fact (Topic: Oceans) 10:30 AM: Morning stretching 11:15 AM: Instrumix 2:00 PM: Puzzles 3:00 PM: Uno 4:00 PM: Bingo 6:45 Feel Good TV</p>	<p>10:00 AM: Fresh Air Time 5 10:40 AM: Daily Chronicle 11:00: Trivia 2:00 PM: Movie Time 4:00 PM: Bingo 6:45 Sci Fi TV</p>
<p>9:30 AM: Chronicles of the Day + Fun Fact (Topic: Weather) 6 10:40 AM: Trivia Game 3:00 PM: Livingston Church Choir 3:45 PM: Bingo 6:45 Family Fun TV</p>	<p>9:30 AM: Chronicles of the Day + Fun Fact (Topic: Autumn) 7 10:00 AM: Stretching exercise 10:40 AM: Word Search Contest + coloring 3:00 Chair Yoga 4:00 Bingo 6:45 Mystery TV <i>"Autumn Breezes, Cozy Seasons"</i></p>	<p>9:30 AM: Daily Chronicle 8 10:00: Fun Fact (Topic: Mountains) 10:20 AM: Gardening 10:45 AM: Spa morning 2:00 PM: Happy Hour w/ the Just Us Duo 3:15 PM: CJ for exercises 4:00 PM: Bingo 6:45 Timeless TV</p>	<p>10:40 AM: Morning Stretch 9 11:00: Daily Chronicle 11:30: Jewelry Making 2:00: Dealers Choice 4:00: Bingo 6:45 Western TV</p>	<p>9:30 AM: Chronicles of the Day 10 Fun Fact (Topic: Wild Animals) 10:30 AM: Learn About Your Heart Presentation 2:30 PM: Bus ride 4:00 PM: Bingo 6:45 Thriller TV</p>	<p>9:30 AM: Chronicles of the Day 11 Fun Fact (Topic: Inventions) 10:40 AM: Stretching Exercises 11:15 AM: Instrument and Dancing Class 1:30: Ice Cream Social 3:00: Imagination Creation 4:00: Bingo 6:45 Feel Good TV</p>	<p>10:00 AM: Fresh Air Time 12 10:40 AM: Daily Chronicle 11:00: Trivia 2:00 PM: Movie Time 4:00 PM: Bingo 6:45 Sci Fi TV</p>
<p>9:30 AM: Chronicles of the Day + Fun Fact (Topic: Flowers) 13 10:40 AM: Board Games 2:00 PM: Movie Afternoon 3:45 PM: Bingo 6:45 Family Fun TV</p>	<p>9:30 AM: Chronicles of the Day 14 Fun Fact (Topic: Holidays) 10:40 AM: Stretching exercises 11:00 AM: Balloon volleyball 3:00 Chair Yoga 4:00 Bingo 6:45 Mystery TV</p>	<p>9:30 AM: Daily Chronicle 15 10:00: Fun Fact (Topic: Planets) 10:15 AM: Scattergories 10:40 AM: Trivia game 2:00 PM: Sing a Long 3:15 PM: CJ for exercises 4:00 PM: Bingo 6:45 Timeless TV</p>	<p>10:40 AM: Gardening and feeding Sheldon the turtle 16 11:30: Chronicle of the day + Fun Fact (Bridges) 3:00 PM: Brain Games and Coloring 4:00 PM: Bingo 6:45 Western TV</p>	<p>9:30 AM: Chronicles of the Day 17 Fun Fact (Topic: Lakes) 10:30 AM: Diabetes Education Presentation 2:30 PM: Zumba 4:00 PM: Bingo 6:45 Thriller TV</p>	<p>9:30 AM: Chronicles of the Day 18 Fun Fact (Topic: Musicians) 10:40 AM: Stretching Exercises 11:15 AM: Instrument and Dancing Class 2:00 PM: Uno 3:45 PM: Bingo 6:45 Feel Good TV</p>	<p>10:00 AM: Fresh Air Time 19 10:40 AM: Daily Chronicle 11:00: Trivia 2:00 PM: Movie Time 4:00 PM: Bingo 6:45 Sci Fi TV</p>
<p>9:30 AM: Chronicles of the Day 20 Fun Fact (Topic: Famous Buildings) 10:40 AM: Board Games 2:00 PM: Movie Afternoon 3:45 PM: Bingo 6:45 Family Fun TV</p>	<p>9:30 AM: Chronicles of the Day 21 Fun Fact (Topic: Fruits) 10:10 AM: Word Search Contest + coloring 11:00 AM: Stretching Exercises 3:00 Chair Yoga 4:00 Bingo 6:45 Mystery TV</p>	<p>9:30 AM: Daily Chronicle 22 10:00: Fun Fact + Trivia (Topic: Oceans) 10:40 AM: Gardening 2:00 PM: Happy Hour w/ Jacob from Hunt Talent 3:15 PM: Exercises with CJ 4:00 PM: Bingo 6:45 Timeless TV</p>	<p>10:40 AM: Morning Stretch 23 11:00: Daily Chronicle + Fun Fact (Transportation) 11:30: Jewelry Making 2:00: Dealers Choice 4:00: Bingo 6:45 Western TV</p>	<p>9:30 AM: Chronicles of the Day 24 Fun Fact (Topic: Seasons) 10:30 AM: Learn About your Kidneys Presentation 2:30 PM: Bus Ride 4:00 PM: Bingo 6:45 Thriller TV</p>	<p>9:30 AM: Chronicles of the Day 25 Fun Fact (Topic: Colors) 10:40 AM: Stretching Exercises 11:15 AM: Instrument and Dancing Class 3:00 PM: Imagination Creation 4:00 PM: Bingo 6:45 Feel Good TV</p>	<p>10:00 AM: Fresh Air Time 26 10:40 AM: Daily Chronicle 11:00: Trivia 2:00 PM: Movie Time 4:00 PM: Bingo 6:45 Sci Fi TV</p>
<p>9:30 AM: Chronicles of the Day 27 Fun Fact (Topic: Nature) 10:40 AM: Tea Party 2:00 PM: Movie Afternoon 3:45 PM: Bingo 6:45 Family Fun TV</p>	<p>9:30 AM: Chronicles of the Day 28 Fun Fact (Topic: Food) 10:40 AM: Word Search Contest + coloring 3:00 Chair Yoga 4:00 Bingo 6:45 Mystery TV</p>	<p>9:30 AM: Daily Chronicle 29 10:00: Fun Fact (Topic: Birds) 10:40 AM: Spa time + relaxation techniques 2:00 PM: Costume Party 3:15 PM: Exercises with CJ 4:00 PM: Bingo 6:45 Timeless TV</p>	<p>10:40 AM: Gardening and feeding Sheldon the turtle 30 11:30: Chronicle of the day + Fun Fact (Music) 3:00 PM: Spa Afternoon 4:00 PM: Bingo 6:45 Western TV</p>	<p>9:30 AM: Chronicles of the Day 31 Fun Fact (Topic: Festivals) 10:40 AM: Education about UTI infections Presentation 2:00 PM: Birthdays of the month Celebration 4:00 PM: Bingo 6:45 Thriller TV</p>	<p style="text-align: center;">October, 2024</p> <p style="text-align: center;"><i>"Fall into Happiness"</i></p>	