



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
 9:00 Morning Fitness (F) [P]
 10:00 Weekly Spiritual Activity Packet (C) [P]
 11:00 Live Stream Church Service (T) [P]
 1:00 Sunday Movie Matinee (TH) [P]
 2:00 Domino (C) (RRA) [P]
 3:00 Devotional and Hymn Sing (PL) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 History Documentary (TH) [P]
 6:00 Instant Movie Replay (TH) [P]

2
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Pool Exercise (IL Building) [P]
 1:30 Gardening (PL) [P]
 2:00 Puzzles (CS) [P]
 2:00 America Unearthed: Earth Documentary (TH) [P]
 3:00 Family Feud w/ Spinks Law (TH) [P]
 4:00 Afternoon Walking Club (C) [P]
 5:00 World History Documentary (TH) [P]

3
 9:00 Tampa News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:00 St. Mary Communion Service (TH) [P]
 9:00 Walmart (Sign Up Required) [P]
 10:00 Resident Activity Meeting (TH) [P]
 10:30 Chef Chat (TH) [P]
 10:30 Publix (Sign Up Required) [P]
 1:00 Blackjack (C) [P]
 3:00 InstruMix Fitness (TH) [P]
 5:00 Netflix Night (TH) [P]

4 Star Wars Day
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Art W/ Ileana (CS) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo 25 (C) [P]
 3:00 Domino (C) (RRA) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 Technology Class (TH) [P]
 5:00 History of Animals Documentary (TH) [P]

5 Cinco de Mayo
 9:00 Tampa News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 10:00 Resident Counsel Meeting (TH) [P]
 2:00 Sweet Bus Ride (Royal Sweets) (Sign Up Required) [P]
 3:00 Afternoon Walking Club (C) [P]
 3:00 Cinco de Mayo Party (C) [P]
 5:00 Renaissance Concert Hr. (Bob Dylan) (TH) [P]

6
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo (C) [P]
 3:00 Afternoon Walking Club (C) [P]
 3:00 Friday Movie (TH) [P]
 4:00 Domino (C) (RRA) [P]
 7:00 Shaarai Zedek Live Stream Shabbat Service (TH) [P]

7 Kentucky Derby Day
 9:00 Daily Chronicle Delights (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Morning Walking Club (RRA) [P]
 11:00 Soothing Sounds (TH) [P]
 1:00 Bingo (C) [P]
 2:00 Movie Matinee (TH) [P]
 3:00 Afternoon Walking Club (RRA) [P]
 6:30 Kentucky Derby Race (FC) [P]



8 Happy Mother's Day
 9:00 Morning Fitness (F) [P]
 10:00 Weekly Spiritual Activity Packet (C) [P]
 11:00 Live Stream Church Service (T) [P]
 11:30 Happy Mother's Day Lunch [P]
 1:00 Sunday Movie Matinee (TH) [P]
 2:00 Domino (C) (RRA) [P]
 3:00 Devotional and Hymn Sing (PL) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 History Documentary (TH) [P]
 6:00 Instant Movie Replay (TH) [P]

9
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Pool Exercise (IL Building) [P]
 1:30 Gardening (PL) [P]
 2:00 America Unearthed: Earth Documentary (TH) [P]
 3:00 Travel Club: 25 Greatest Natural Wonders of the World (TH) [P]
 4:00 Afternoon Walking Club (C) [P]
 5:00 World History Documentary (TH) [P]

10
 9:00 Tampa News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:00 Walmart (Sign Up Required) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 10:30 Publix (Sign Up Required) [P]
 10:45 Chair Fitness (F) [P]
 1:00 Live Music John Jackson (TH) [P]
 3:00 InstruMix Fitness (TH) [P]
 5:00 Netflix Night (TH) [P]

11
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo 25 (C) [P]
 1:00 Chef Creations (Chips & Salsa) (C) [P]
 3:00 Domino (C) (RRA) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 Technology Class (TH) [P]
 5:00 History Webster Documentary (TH) [P]

12
 9:00 Morning News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:30 Word Games (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 1:00 Blackjack (C) [P]
 3:00 Afternoon Walking Club (C) [P]
 3:00 Arts & Craft (CS) [P]
 5:00 Renaissance Concert Hr. (Patsy Cline) (TH) [P]

13
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo (C) [P]
 3:00 Afternoon Walking Club [P]
 3:00 Friday Movie (TH) [P]
 4:00 Domino (C) (RRA) [P]
 7:00 Shaarai Zedek Live Stream Shabbat Service (TH) [P]

14
 9:00 Daily Chronicle Delights (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 1:00 Engaging Books W/ John Chaplick (C) [P]
 10:00 Morning Walking Club (RRA) [P]
 11:00 Soothing Sounds (TH) [P]
 1:00 Bingo (C) [P]
 2:00 Movie Matinee (TH) [P]
 3:00 Afternoon Walking Club (RRA) [P]
 6:00 Instant Movie Replay (TH) [P]

15
 9:00 Morning Fitness (F) [P]
 10:00 Weekly Spiritual Activity Packet (C) [P]
 11:00 Live Stream Church Service (T) [P]
 1:00 Sunday Movie Matinee (TH) [P]
 2:00 Domino (C) (RRA) [P]
 3:00 Devotional and Hymn Sing (PL) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 History Documentary (TH) [P]
 6:00 Instant Movie Replay (TH) [P]

16
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Pool Exercise (IL Building) [P]
 1:30 Gardening (PL) [P]
 2:00 America Unearthed: Earth Documentary (TH) [P]
 3:00 Live Music Maliblues Duo [P]
 4:00 Afternoon Walking Club (C) [P]
 5:00 World History Documentary (TH) [P]

17
 9:00 Tampa News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:00 Walmart (Sign Up Required) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 10:00 Library 2Go (C) [P]
 10:30 Publix (Sign Up Required) [P]
 1:00 Blackjack (C) [P]
 3:00 InstruMix Fitness (TH) [P]
 5:00 Netflix Night (TH) [P]

18
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo 25 (C) [P]
 3:00 Domino (C) (RRA) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 Technology Class (TH) [P]
 5:00 History Webster Documentary (TH) [P]

19
 9:00 Morning News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:30 Word Games (TH) [P]
 10:00 Water Taxi (Sign Up Required) [P]
 1:00 Blackjack (C) [P]
 3:00 Afternoon Walking Club (C) [P]
 3:00 Arts & Craft (CS) [P]
 5:00 Renaissance Concert Hr. (Frank Sinatra) (TH) [P]

20 National Pizza Day
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo (C) [P]
 3:00 Afternoon Walking Club (C) [P]
 3:00 Friday Movie (TH) [P]
 3:00 National Pizza Party Day (C) [P]
 4:00 Domino (C) (RRA) [P]
 7:00 Shaarai Zedek Live Stream Shabbat Service (TH) [P]

21
 9:00 Daily Chronicle Delights (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Morning Walking Club (RRA) [P]
 11:00 Soothing Sounds (TH) [P]
 1:00 Bingo (C) [P]
 2:00 Movie Matinee (TH) [P]
 3:00 Afternoon Walking Club (RRA) [P]
 6:00 Instant Movie Replay (TH) [P]



22
 9:00 Morning Fitness (F) [P]
 10:00 Weekly Spiritual Activity Packet (C) [P]
 11:00 Live Stream Church Service (T) [P]
 1:00 Sunday Movie Matinee (TH) [P]
 2:00 Domino (C) (RRA) [P]
 3:00 Devotional and Hymn Sing (PL) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 History Documentary (TH) [P]
 6:00 Instant Movie Replay (TH) [P]

23
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Pool Exercise (IL Building) [P]
 1:30 Gardening (PL) [P]
 2:00 America Unearthed: Earth Documentary (TH) [P]
 4:00 Afternoon Walking Club (C) [P]
 5:00 World History Documentary (TH) [P]

24
 9:00 Tampa News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:00 Walmart (Sign Up Required) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 10:30 Publix (Sign Up Required) [P]
 1:00 Live Music George Spero (TH) [P]
 3:00 InstruMix Fitness (TH) [P]
 5:00 Netflix Night (TH) [P]

25 Wine Day
 9:00 Morning News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Town Hall with Paul (TH) [P]
 3:00 Domino (C) (RRA) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 Technology Class (TH) [P]
 5:00 History Webster Documentary (TH) [P]

26
 9:00 Morning News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:30 Word Games (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 3:00 Afternoon Walking Club (RRA) [P]
 1:00 Blackjack (C) [P]
 3:00 May Resident Birthday Party w/ Bayada Home Health (C) [P]
 3:00 Afternoon Walking Club (C) [P]
 5:00 Renaissance Concert Hr. (Stevie Wonder) (TH) [P]

27
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 1:00 Bingo (C) [P]
 3:00 Afternoon Walking Club (C) [P]
 3:00 Friday Movie (TH) [P]
 4:00 Domino (C) (RRA) [P]
 7:00 Shaarai Zedek Live Stream Shabbat Service (TH) [P]

28
 9:00 Daily Chronicle Delights (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Morning Walking Club (RRA) [P]
 11:00 Soothing Sounds (TH) [P]
 1:00 Bingo (C) [P]
 2:00 Movie Matinee (TH) [P]
 3:00 Afternoon Walking Club (RRA) [P]
 6:00 Instant Movie Replay (TH) [P]

29
 9:00 Morning Fitness (F) [P]
 10:00 Weekly Spiritual Activity Packet (C) [P]
 11:00 Live Stream Church Service (T) [P]
 1:00 Sunday Movie Matinee (TH) [P]
 2:00 Domino (C) (RRA) [P]
 3:00 Devotional and Hymn Sing (PL) [P]
 3:00 Afternoon Walking Club (C) [P]
 4:00 History Documentary (TH) [P]
 6:00 Instant Movie Replay (TH) [P]

30 Memorial Day
 9:00 Tampa News & Coffee Bar (C) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:45 Morning Fitness w/ Bayada (F) [P]
 12:00 Memorial Day Lunch [P]
 2:00 America Unearthed: Earth Documentary (TH) [P]
 3:00 Travel Club: 25 Greatest Natural Wonders of the World (TH) [P]
 4:00 Afternoon Walking Club (C) [P]
 5:00 World History Documentary (TH) [P]

31
 9:00 Tampa News & Coffee Bar (C) [P]
 9:00 Music & Fitness (F) [P]
 9:00 Walmart (Sign Up Required) [P]
 9:30 i-pad Picture Trivia (TH) [P]
 10:00 Book Club: Anne of Green Gables (PL) [P]
 10:30 Publix (Sign Up Required) [P]
 3:00 InstruMix Fitness (TH) [P]
 5:00 Netflix Night (TH) [P]

Assisted Living Lifestyle Program

May 2022

invent

Lifestyle Key
 Physical Wellness [P] Social Wellness [S] Intellectual Wellness [I] Emotional Wellness [E] Spiritual Wellness [SP]

Locations: (C)=Café; (F)=Fitness Center; (TH)=Theater; (CS) =Craft Studio; (L)=Library (R)= Restaurant; (PL)=Piano Lounge; (RRA)=Resident Run Activity; (CTY)=Courtyard; (FP) = Front Porch