


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>9:30 Sunday Hymns 1</p> <p>10:00 Ring Toss</p> <p>10:30 Hydration Station</p> <p>11:00 Morning News</p> <p>2:00 Walk Around the Courtyard</p> <p>2:30 Puzzles & Table Games</p> <p>3:00 Hydration Station</p> <p>3:30 Reminiscing</p> <p>May Day</p>	<p>9:30 Music & Movement 2</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>2:00 Step Out in the Sunshine</p> <p>2:30 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p>	<p>9:30 Morning Manicures 3</p> <p>10:30 Hydration Station</p> <p>11:00 Sing & Stretch</p> <p>11:30 Today in History</p> <p>2:00 Afternoon Stroll</p> <p>2:30 Family Feud</p> <p>3:00 Hydration Station</p> <p>3:30 Trivia Tuesday</p>	<p>Star Wars Day 4</p> <p>9:30 Music & Movement</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Name That Sound</p> <p>2:00 Happy Hour w/Live Music</p> <p>3:00 Hydration Station</p> <p>3:30 Daily Chronicle</p> <p>6:00 Coffee & Conversation</p>	<p>9:30 Daily Chronicle 5</p> <p>10:00 Bingo</p> <p>10:30 Hydration Station</p> <p>11:30 Morning Stretch</p> <p>2:00 Sing- A -Long</p> <p>2:30 Zumba</p> <p>3:00 Hydration Station</p> <p>3:30 Finish the Saying...</p> <p>Cinco de Mayo</p>	<p>9:30 Total Body Fitness 6</p> <p>10:00 Daily Chronicle</p> <p>10:30 Mother's Day Tea</p> <p>2:00 Ring Toss</p> <p>2:30 Jukebox Favorites</p> <p>3:00 Hydration Station</p> <p>3:30 Cranium Crunches</p>	<p>Kentucky Derby Day 7</p> <p>9:30 Saturday Stretch</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>1:30 Daily Chronicle</p> <p>2:00 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p> <p>6:00 Coffee & Conversation</p>	
<p>9:30 Sunday Hymns 8</p> <p>10:00 Ring Toss</p> <p>10:30 Hydration Station</p> <p>11:00 Morning News</p> <p>2:00 Walk Around the Courtyard</p> <p>2:30 Puzzles & Table Games</p> <p>3:00 Hydration Station</p> <p>3:30 Reminiscing</p> <p>HAPPY <i>Mother's Day</i></p>	<p>9:30 Music & Movement 9</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>2:00 Step Out in the Sunshine</p> <p>2:30 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p>	<p>9:30 Morning Manicures 10</p> <p>10:30 Hydration Station</p> <p>11:00 Sing & Stretch</p> <p>11:30 Today in History</p> <p>2:00 Family Feud</p> <p>2:15 Rhythm Fitness</p> <p>3:00 Hydration Station</p> <p>3:30 Trivia Tuesday</p>	<p>9:30 Music & Movement 11</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Junk Drawer Detective</p> <p>2:00 Happy Hour w/Live Music</p> <p>3:00 Hydration Station</p> <p>3:30 Daily Chronicle</p> <p>6:00 Coffee & Conversation</p>	<p>9:30 Daily Chronicle 12</p> <p>10:00 Bingo</p> <p>10:30 Hydration Station</p> <p>11:30 Morning Stretch</p> <p>2:00 Sing- A -Long</p> <p>2:30 Zumba</p> <p>3:00 Hydration Station</p> <p>3:30 Finish the Saying...</p>	<p>9:30 Total Body Fitness 13</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Craft Corner: Flower Tote Bags</p> <p>2:00 Ring Toss</p> <p>2:30 Jukebox Favorites</p> <p>3:00 Hydration Station</p> <p>3:30 Cranium Crunches</p>	<p>9:30 Saturday Stretch 14</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>1:30 Daily Chronicle</p> <p>2:00 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p> <p>6:00 Coffee & Conversation</p>	
<p>9:30 Sunday Hymns 15</p> <p>10:00 Ring Toss</p> <p>10:30 Hydration Station</p> <p>11:00 Morning News</p> <p>2:00 Walk Around the Courtyard</p> <p>2:30 Puzzles & Table Games</p> <p>3:00 Hydration Station</p> <p>3:30 Reminiscing</p>	<p>9:30 Music & Movement 16</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>2:00 Step Out in the Sunshine</p> <p>2:30 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p>	<p>9:30 Morning Manicures 17</p> <p>10:30 Hydration Station</p> <p>11:00 Sing & Stretch</p> <p>11:30 Today in History</p> <p>2:00 Afternoon Stroll</p> <p>2:30 Family Feud</p> <p>3:00 Hydration Station</p> <p>3:30 Trivia Tuesday</p>	<p>9:30 Music & Movement 18</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Name That Sound</p> <p>2:00 Happy Hour w/Live Music</p> <p>3:00 Hydration Station</p> <p>3:30 Daily Chronicle</p> <p>6:00 Coffee & Conversation</p>	<p>9:30 Daily Chronicle 19</p> <p>10:30 Bus Outing: Scenic Drive</p> <p>10:30 Hydration Station</p> <p>11:30 Morning Stretch</p> <p>2:00 Sing- A -Long</p> <p>2:30 Zumba</p> <p>3:00 Hydration Station</p> <p>3:30 Finish the Saying...</p>	<p>National Pizza Day 20</p> <p>9:30 Total Body Fitness</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Craft Corner: Decorate a Picture Frame</p> <p>2:00 Ring Toss</p> <p>2:30 Jukebox Favorites</p> <p>3:00 Hydration Station</p> <p>3:30 Cranium Crunches</p>	<p>9:30 Saturday Stretch 21</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>1:30 Daily Chronicle</p> <p>2:00 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p> <p>6:00 Coffee & Conversation</p> <p>Armed Forces Day</p>	
<p>9:30 Sunday Hymns 22</p> <p>10:00 Ring Toss</p> <p>10:30 Hydration Station</p> <p>11:00 Morning News</p> <p>2:00 Walk Around the Courtyard</p> <p>2:30 Puzzles & Table Games</p> <p>3:00 Hydration Station</p> <p>3:30 Reminiscing</p>	<p>9:30 Music & Movement 23</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>2:00 Step Out in the Sunshine</p> <p>2:30 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p> <p>Victoria Day (Canada)</p>	<p>9:30 Morning Manicures 24</p> <p>10:30 Hydration Station</p> <p>11:00 Sing & Stretch</p> <p>11:30 Today in History</p> <p>2:00 Family Feud</p> <p>2:15 Rhythm Fitness</p> <p>3:00 Hydration Station</p> <p>3:30 Trivia Tuesday</p>	<p>9:30 Music & Movement 25</p> <p>10:00 Junk Drawer Detective</p> <p>10:30 Hydration Station</p> <p>11:00 NoodleBall</p> <p>2:00 Happy Hour w/Live Music</p> <p>3:00 Hydration Station</p> <p>3:30 Daily Chronicle</p> <p>6:00 Coffee & Conversation</p>	<p>9:30 Daily Chronicle 26</p> <p>10:00 Bingo</p> <p>10:30 Hydration Station</p> <p>11:30 Morning Stretch</p> <p>2:00 Monthly Resident Birthday Party</p> <p>2:30 Zumba</p> <p>3:00 Hydration Station</p> <p>3:30 Finish the Saying...</p>	<p>9:30 Total Body Fitness 27</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Craft Corner: Remembrance Poppies</p> <p>2:00 Ring Toss</p> <p>2:30 Jukebox Favorites</p> <p>3:00 Hydration Station</p> <p>3:30 Cranium Crunches</p>	<p>9:30 Saturday Stretch 28</p> <p>10:00 NoodleBall</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>1:30 Daily Chronicle</p> <p>2:00 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p> <p>6:00 Coffee & Conversation</p>	
<p>9:30 Sunday Hymns 29</p> <p>10:00 Ring Toss</p> <p>10:30 Hydration Station</p> <p>11:00 Morning News</p> <p>2:00 Walk Around the Courtyard</p> <p>2:30 Puzzles & Table Games</p> <p>3:00 Hydration Station</p> <p>3:30 Reminiscing</p>	<p>9:30 Music & Movement 30</p> <p>10:00 Daily Chronicle</p> <p>10:30 Hydration Station</p> <p>11:00 Bingo</p> <p>2:00 Step Out in the Sunshine</p> <p>2:30 Color Me Happy</p> <p>3:00 Hydration Station</p> <p>3:30 Word Searches</p> <p>Memorial Day</p>	<p>9:30 Morning Manicures 31</p> <p>10:30 Hydration Station</p> <p>11:00 Sing & Stretch</p> <p>11:30 Today in History</p> <p>2:00 Afternoon Stroll</p> <p>2:30 Family Feud</p> <p>3:00 Hydration Station</p> <p>3:30 Trivia Tuesday</p>	<p>Activity Codes</p> <p>Physical</p> <p>Social</p> <p>Intellectual</p> <p>Emotional</p> <p>Spiritual</p>			<p>Pet Therapy Visits 2x a week. Days and times vary.</p> 	

May 2022

Memory Care Lifestyle Program

Please Note: Activities are subject to change.