

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Assisted Living Lifestyle Program

<p>9:00 Morning Fitness (F) 10:00 Saturday Trivia! (C) 11:00 Soothing Sounds (TH) 1:00 Weekend Movie Matinee (TH) 2:00 Puzzles & Board Games (CS) 3:00 Resolution Dance Party (C) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">1</p>						
<p>9:00 Morning Fitness (F) 10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 11:00 Live Stream Church Service (T) 1:00 Weekend Movie Madness (TH) 3:00 Devotional and Hymn Sing (PL) 3:00 Afternoon Walking Club (C) 3:30 Short Stories (TH) 4:00 Soothing Sounds (TH) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">2</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Morning Trivia (C) 10:45 Morning Fitness w/ Bayada (F) 1:00 Cornhole Tournament (TH) 2:00 Frank Sinatra Concert (TH) 3:00 Family Feud w/ Spinks Law Firm (TH) 3:30 Board Game Monday (C) 8:15 NFL Monday Night Football (TH) Cleveland vs Pittsburgh</p> <p style="text-align: right;">3</p>	<p>National Trivia Day 9:00 Morning News & Coffee Bar (C) 10:00 Resident Activity Meeting (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Blackjack (C) 3:00 Pool Exercise (IL Building) 4:00 Board Game (C) (RRA) 6:00 Netflix Comedy Night (TH)</p> <p style="text-align: right;">4</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Current Events (C) 10:00 Art W/ ILeana (CS) 10:45 Morning Fitness w/ Bayada (F) 1:00 Bingo (C) 3:00 Jewelry Show (C) 3:00 Technology Class (TH) 3:00 Afternoon Walking Club (C) 4:00 Café Cards (C) (RRA) 6:00 Action Movie Night (TH)</p> <p style="text-align: right;">5</p>	<p>9:00 Morning News & Coffee Bar (C) 10:00 Resident Counsel Meeting (TH) 10:45 Morning Fitness Bayada (F) 1:15 Bible Study w/ Sandy/ New Guest Speaker (CS) 2:00 Afternoon Walking Club (RRA) 3:00 Blackjack (C) 3:30 Neil Diamond Concert (TH)</p> <p style="text-align: right;">6</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Name That Tune (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Jack Pot Friday Bingo (C) 2:00 Tampa Bus Tour Outing 3:00 Afternoon Walking Club (C) 4:00 Board Game (C) (RRA) 6:00 Friday Movie Night (TH) 7:00 Shaarai Zedek Live Stream Shabbat Service</p> <p style="text-align: right;">7</p>	<p>National Bubble Bath Day 9:00 Lettuce Lake Park (Sign Up Required) 10:00 Saturday Trivia Packet! (C) 11:00 Soothing Sounds (TH) 1:00 Weekend Movie Matinee (TH) 2:00 Puzzles & Board Games (CS) 3:00 Afternoon Walking Club (C) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">8</p>
<p>9:00 Morning Fitness (F) 10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 11:00 Live Stream Church Service (T) 1:00 Weekend Movie Madness (TH) 1:00 NFL Bucs vs Panthers (C) 2:00 Wheel of Fortune (C) 3:00 Devotional and Hymn Sing (PL) 3:00 Afternoon Walking Club (C) 4:00 Soothing Sounds (TH) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">9</p>	<p>Houseplant Appreciation Day 9:00 Morning News & Coffee Bar (C) 9:30 Gardening Trivia (C) 10:45 Morning Fitness w/ Bayada (F) 1:00 Cornhole Tournament (TH) 2:00 Puzzles (CS) 3:00 Travel Club- Japan's Secret Water Garden: David Attenborough Documentary (TH) 3:30 Board Game Monday (C)</p> <p style="text-align: right;">10</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Table Talk (TH) 10:45 Morning Fitness w/ Bayada (F) 11:00 Hillsborough Mobile Library (C) 1:00 Live Music John Jackson (TH) 3:00 Pool Exercise (IL Building) 4:00 Board Game (C) (RRA) 5:00 (Family Bingo Night) Chapter Health Auld Lang Syne Dinner (PR) 6:00 Netflix Comedy Night (TH)</p> <p style="text-align: right;">11</p>	<p>National Hot Tea Day 9:00 Morning News & Coffee Bar (C) 9:30 Current Events (C) 10:00 Book Club (PL) 10:45 Morning Fitness w/ Bayada (F) 1:00 Trivia Bingo w/ Bayshore (C) 3:00 Afternoon Walking Club (C) 4:00 Café Cards (C) (RRA) 6:00 Action Movie Night (TH)</p> <p style="text-align: right;">12</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Word Games: Word Mining 10:45 Morning Fitness Bayada (F) 1:15 Bible Study with Sandy (CS) 2:00 Afternoon Walking Club (RRA) 3:00 Blackjack (C) 3:30 Beatles Concert (TH)</p> <p style="text-align: right;">13</p>	<p>Dress up your Pet Day 9:00 Morning News & Coffee Bar (C) 9:30 Name That Tune (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Jack Pot Friday Bingo (C) 2:00 Tampa Bus Tour Outing 3:00 Afternoon Walking Club (C) 4:00 Board Game (C) (RRA) 6:00 Friday Movie Night (TH) 7:00 Shaarai Zedek Live Stream Shabbat Service</p> <p style="text-align: right;">14</p>	<p>9:00 Morning Fitness (F) 10:00 Saturday Trivia! (C) 11:00 Soothing Sounds (TH) 1:00 Weekend Movie Matinee (TH) 2:00 Puzzles & Board Games (CS) 3:00 Mindfulness Meditation (TH) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">15</p>
<p>9:00 Morning Fitness (F) 10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 11:00 Live Stream Church Service (T) 1:00 Weekend Movie Madness (TH) 3:00 Devotional and Hymn Sing (PL) 3:00 Afternoon Walking Club (C) 3:30 Short Stories (TH) 4:00 Soothing Sounds (TH) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">16</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Morning Trivia (C) 10:45 Morning Fitness w/ Bayada (F) 1:00 Cornhole Tournament (TH) 2:00 Puzzles (CS) 3:00 Martin Luther King Jr. Documentary (TH) 3:30 Board Game Monday (C) 8:15 Monday Night Football Wild Card GAME (TBA) Martin Luther King Jr. Day</p> <p style="text-align: right;">17</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Table Talk (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Blackjack (C) 3:00 Pool Exercise (IL Building) 4:00 Board Game (C) (RRA) 6:00 Netflix Comedy Night (TH)</p> <p style="text-align: right;">18</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Current Events (C) 10:00 Book Club (PL) 10:45 Morning Fitness w/ Bayada (F) 1:00 Bingo (C) 2:00 Chef Creations (Hummus) (C) 3:00 Afternoon Walking Club (C) 3:00 Technology Class (TH) 4:00 Café Cards (C) (RRA) 6:00 Action Movie Night (TH)</p> <p style="text-align: right;">19</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Word Games: Riddles 10:45 Morning Fitness Bayada (F) 1:15 Bible Study with Sandy (CS) 2:00 Afternoon Walking Club (RRA) 3:00 Blackjack (C) 3:30 Johnny Cash Concert (TH)</p> <p style="text-align: right;">20</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Name That Tune (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Jack Pot Friday Bingo (C) 2:00 Tampa Bus Tour Outing 3:00 Afternoon Walking Club (C) 4:00 Auction (FC) 6:00 Friday Movie Night (TH) 7:00 Shaarai Zedek Live Stream Shabbat Service</p> <p style="text-align: right;">21</p>	<p>National Blonde Brownie Day 9:00 Morning Fitness (F) 10:00 Saturday Trivia! (C) 11:00 Soothing Sounds (TH) 1:00 Weekend Movie Matinee (TH) 2:00 Puzzles & Board Games (CS) 3:00 Afternoon Walking Club (C) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">22</p>
<p>9:00 Morning Fitness (F) 10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 11:00 Live Stream Church Service (T) 1:00 Weekend Movie Madness (TH) 2:00 Wheel of Fortune (C) 3:00 Devotional and Hymn Sing (PL) 3:00 Afternoon Walking Club (C) 4:00 Soothing Sounds (TH) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">23</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Morning Trivia (C) 10:45 Morning Fitness w/ Bayada (F) 1:00 Cornhole Tournament (TH) 2:00 Puzzles (CS) 3:00 Travel Club (TH) 3:30 Board Game Monday (C)</p> <p style="text-align: right;">24</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Table Talk (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Blackjack (C) 3:00 Pool Exercise (IL Building) 4:00 Board Game (C) (RRA) 6:00 Netflix Comedy Night (TH)</p> <p style="text-align: right;">25</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Current Events (C) 10:00 Book Club (PL) 10:45 Morning Fitness w/ Bayada (F) 1:00 Bingo (C) 2:00 Town Hall with Paul (TH) 3:00 Afternoon Walking Club (C) 3:00 Technology Class (TH) 4:00 Café Cards (C) (RRA) 6:00 Action Movie Night (TH)</p> <p style="text-align: right;">26</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Word Games: Name 10 10:45 Morning Fitness Bayada (F) 1:15 Bible Study with Sandy (CS) 2:00 Afternoon Walking Club (RRA) 3:00 January Resident Birthday Party w/ Bayada Home Health (C) 3:30 Johnny Cash Concert</p> <p style="text-align: right;">27</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Name That Tune (TH) 10:45 Morning Fitness w/ Bayada (F) 1:00 Jack Pot Friday Bingo (C) 2:00 Tampa Bus Tour Outing 3:00 Afternoon Walking Club (C) 4:00 Board Game (C) (RRA) 6:00 Friday Movie Night (TH) 7:00 Shaarai Zedek Live Stream Shabbat Service</p> <p style="text-align: right;">28</p>	<p>9:00 Morning Fitness (F) 10:00 Saturday Trivia! (C) 11:00 Soothing Sounds (TH) 1:00 Weekend Movie Matinee (TH) 2:00 Puzzles & Board Games (CS) 3:00 Afternoon Walking Club (C) 3:00 Letters to our Troops Volunteer Opportunity (C) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">29</p>
<p>9:00 Morning Fitness (F) 10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 11:00 Live Stream Church Service (T) 1:00 Weekend Movie Madness (TH) 3:00 Devotional and Hymn Sing (PL) 3:00 Afternoon Walking Club (C) 3:30 Short Stories (TH) 4:00 Soothing Sounds (TH) 6:00 Instant Movie Replay (TH)</p> <p style="text-align: right;">30</p>	<p>9:00 Morning News & Coffee Bar (C) 9:30 Morning Trivia (C) 10:45 Morning Fitness w/ Bayada (F) 1:00 Cornhole Tournament (TH) 2:00 Puzzles (CS) 3:00 Travel Club (TH) 3:30 Board Game Monday (C)</p> <p style="text-align: right;">31</p>	 <p>Lifestyle Key Physical Wellness Social Wellness Intellectual Wellness Emotional Wellness Spiritual Wellness</p>				

Locations: (C)=Café; (F)=Fitness Center; (TH)=Theater; (CS) =Craft Studio; (L)=Library (R)= Restaurant; (PL)=Piano Lounge; (RRA)=Resident Run Activity; (CTY)=Courtyard; (FP) = Front Porch