

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2021

Independent Living Lifestyle Program

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|--|---|---|--|--|--|---|
| <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Resident Activity Meeting@ 10:30 The Great Courses Baseball Lecture (TH) 1:00 Art W/ ILeana (CS) 2:00 Win Big Bingo Challenge (FC) 3:00 Blackjack w/Derrick (FC) 6:30 Beginner Board Game Club</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics (PD) 10:00 Veteran's Group (C) 10:30 The Great Courses Baseball Lecture (TH) 1:00 Bible Study w/ Sandy (2AG) 2:00 Win Big Bingo Challenge (FC) 3:00 Poker w/Derrick (C) 6:30 Beginner Board Game Club 8:15 NFL Monday Night Football (TH)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9am-3pm Hair Salon (App Required) 9:00 Walmart (Sign Up Required) 9:30 Bayada: Yoga w/ Rachel! (F) 10:30 Publix (Sign Up Required) 11:00 Brain Games (FC) 1:00 Nail Shop (Sign Up Required) 2:00 Win Big Bingo Challenge (FC) 3:00 Wheel of Fortune (C) 6:00 Night Bingo Chapter Health (R)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Resident Activity Meeting@ 10:30 The Great Courses Baseball Lecture (TH) 1:00 Cookie Club (C) 2:00 Trivia Bingo w/ BayCare (C) 3:00 Blackjack w/Derrick (FC) 6:30 Beginner Board Game Club</p> | <p>National Fritters Day 9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Yoga w/ Rachel! (F) 11:00 Jeopardy Trivia TH 2:00 Win Big Bingo (FC) 3:00 Technology Class (TH) 4:00 Family Feud (C) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 9:30 Carrol Wood Commons (C) (Sign Up Required) 10:00 Walking Group (Café/RRA) 11:00 Name That Tune (TH) 1:15 Christmas Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 3:00 Brain Games (TH) 6:00 Christmas Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 "Weekend Wake Up" Daily Delights (Pick Up in Café) 9:30 Workout w/ Blanche (F/RRA) 11:00 Blackjack (FC) 1:15 Saturday Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 6:00 Instant Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> |
| <p>9:00 Weekly Activity & Spiritual Package (Pick Up at Reception) 9:00 Idlewild Church Stream (TH) 9:30 Workout w/ Blanche (F/RRA) 11:00 Idlewild Church Stream (TH) 1:00 NFL Bucs vs Falcons(2AG) 2:00 Sunday Movie Matinee (TH) 3:00 "Weekend Wind Down" Daily Delights (Pick up in Café) 6:00 Instant Movie Replay (TH/RRA) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics (PD) 10:00 Veteran's Group (C) 10:30 The Great Courses Baseball Lecture (TH) 1:00 Bible Study w/ Sandy (2AG) 2:00 Win Big Bingo Challenge (FC) 3:00 Poker w/Derrick (C) 6:30 Beginner Board Game Club 8:15 NFL Monday Night Football (TH)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9am-3pm Hair Salon (App Required) 9:00 Walmart (Sign Up Required) 9:30 Bayada: Yoga w/ Rachel! (F) 10:30 Publix (Sign Up Required) 11:00 Brain Games (FC) 1:00 Nail Shop (Sign Up Required) 2:00 Win Big Bingo Challenge (FC) 3:00 Wheel of Fortune (C) 6:00 Night Bingo Chapter Health (R)</p> | <p>National Brownie Day 9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Resident Activity Meeting@ 10:30 The Great Courses Baseball Lecture (TH) 1:00 Cookie Club (C) 2:00 Trivia Bingo w/ BayCare (C) 3:00 Blackjack w/Derrick (FC) 6:30 Beginner Board Game Club</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Yoga w/ Rachel! (F) 11:00 Jeopardy Trivia TH 2:00 Win Big Bingo (FC) 3:00 Technology Class (TH) 4:00 Family Feud (C) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Walking Group (Café/RRA) 10:30 Trader Joes (Sign Up Required) 11:00 Name That Tune (TH) 1:15 Christmas Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 3:00 Brain Games (TH) 6:00 Christmas Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 "Weekend Wake Up" Daily Delights (Pick Up in Café) 9:30 Workout w/ Blanche (F/RRA) 11:00 Blackjack (FC) 1:00 Jewelry Show w/ Isa (C) 2:00 Win Big Bingo Challenge (FC) 3:00 Resident Christmas Caroling (PR) 6:30 Beginner Board Game Club (C/RRA)</p> |
| <p>9:00 Weekly Activity & Spiritual Package (Pick Up at Reception) 9:00 Idlewild Church Stream (TH) 9:30 Workout w/ Blanche (F/RRA) 11:00 Idlewild Church Stream (TH) 2:00 Sunday Movie Matinee (TH) 3:00 Children Christmas Caroling (PR) 3:00 "Weekend Wind Down" Daily Delights (Pick up in Café) 4:30 NFL Bucs vs Bills(C) 6:00 Instant Movie Replay (TH/RRA) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics (PD) 10:00 Veteran's Group (C) 10:30 The Great Courses Baseball Lecture (TH) 1:00 Bible Study w/ Sandy (2AG) 2:00 Win Big Bingo Challenge (FC) 3:00 Poker w/Derrick (C) 6:30 Beginner Board Game Club 8:15 NFL Monday Night Football (TH)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9am-3pm Hair Salon (App Required) 9:00 Walmart (Sign Up Required) 9:30 Bayada: Yoga w/ Rachel! (F) 10:30 Publix (Sign Up Required) 11:00 Brain Games (FC) 11:30 Bahama Breeze Lunch (Sign Up Required) 2:00 Win Big Bingo Challenge (FC) 3:00 Wheel of Fortune (C) 6:30 Beginner Board Game Club</p> | <p>National Lemon Cake Day 9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Resident Activity Meeting@ 10:30 The Great Courses Baseball Lecture (TH) 1:00 Cookie Club (C) 2:00 Win Big Bingo Challenge (FC) 3:00 Jewelry Show (C) 3:00 Blackjack w/Derrick (FC) 6:30 Beginner Board Game Club</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Yoga w/ Rachel! (F) 11:00 Jeopardy Trivia TH 2:00 Win Big Bingo Challenge (FC) 3:00 Technology Class (TH) 4:00 Family Feud (C) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Walking Group (Café/RRA) 11:00 Name That Tune (TH) 11:00 Whole Foods Market (Sign Up Required) 1:15 Christmas Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 3:00 Brain Games (TH) 6:00 Christmas Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>Bake Cookies Day 9:00 "Weekend Wake Up" Daily Delights (Pick Up in Café) 9:30 Workout w/ Blanche (F/RRA) 11:00 Blackjack (FC) 1:15 Saturday Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 6:00 Instant Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> |
| <p>9:00 Weekly Activity & Spiritual Package (Pick Up at Reception) 9:00 Idlewild Church Stream (TH) 9:30 Workout w/ Blanche (F/RRA) 11:00 Idlewild Church Stream (TH) 2:00 Sunday Movie Matinee (TH) 3:00 "Weekend Wind Down" Daily Delights (Pick up in Café) 6:00 Instant Movie Replay (TH/RRA) 6:30 Beginner Board Game Club (C/RRA) 8:20 NFL Bucs vs Saints(C)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics (PD) 10:00 Veteran's Group (C) 10:30 The Great Courses Baseball Lecture (TH) 1:00 Bible Study w/ Sandy (2AG) 2:00 Win Big Bingo Challenge (FC) 3:00 Poker w/Derrick (C) 6:30 Beginner Board Game Club 8:15 NFL Monday Night Football (TH)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9am-3pm Hair Salon (App Required) 9:00 Walmart (Sign Up Required) 9:30 Bayada: Yoga w/ Rachel! (F) 10:30 Publix (Sign Up Required) 11:00 Brain Games (FC) 11:30 Red Robin Burgers Lunch (Sign Up Required) 2:00 Win Big Bingo Challenge (FC) 4:00 Family Holiday Celebration Live Entertainment w/ John Jackson (C)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Resident Activity Meeting@ 10:30 The Great Courses Baseball Lecture (TH) 1:00 Cookie Club (C) 2:00 Win Big Bingo Challenge (FC) 3:00 Blackjack w/Derrick (FC) 6:30 Beginner Board Game Club</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Yoga w/ Rachel! (F) 11:00 Jeopardy Trivia TH 1:00 December Resident Birthday Party w/ Bayada Home Health (C) 2:00 Win Big Bingo Challenge (FC) 3:00 Technology Class (TH) 4:00 Family Feud (C) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>National Egg Nog Day 9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Walking Group (Café/RRA) 10:00 Bed Bath & Beyond (Sign Up Required) 1:15 Christmas Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 3:00 Auction (FC) 6:00 Christmas Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>Merry Christmas 9:00 "Weekend Wake Up" Daily Delights (Pick Up in Café) 9:30 Workout w/ Blanche (F/RRA) 11:00 Christmas Wheel of Fortune (C) 1:15 Saturday Movie Matinee (TH) 6:00 Instant Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> |
| <p>9:00 Weekly Activity & Spiritual Package (Pick Up at Reception) 9:00 Idlewild Church Stream (TH) 9:30 Workout w/ Blanche (F/RRA) 11:00 Idlewild Church Stream (TH) 1:00 NFL Bucs vs Panthers(C) 2:00 Sunday Movie Matinee (TH) 3:00 "Weekend Wind Down" Daily Delights (Pick up in Café) 6:00 Instant Movie Replay (TH/RRA) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics (PD) 10:00 Veteran's Group (C) 10:30 The Great Courses Baseball Lecture (TH) 1:00 Bible Study w/ Sandy (2AG) 2:00 Win Big Bingo Challenge (FC) 3:00 Poker (C) 6:30 Beginner Board Game Club 8:15 NFL Monday Night Football (TH)</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9am-3pm Hair Salon (App Required) 9:00 Walmart (Sign Up Required) 9:30 Bayada: Yoga w/ Rachel! (F) 10:30 Publix (Sign Up Required) 11:00 Brain Games (FC) 11:30 Bone Fish Lunch (Sign Up Required) 2:00 Win Big Bingo Challenge (FC) 3:00 Wheel of Fortune (C) 6:30 Beginner Board Game Club</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Resident Activity Meeting@ 10:30 The Great Courses Baseball Lecture (TH) 1:00 Cookie Club (C) 2:00 Win Big Bingo Challenge (FC) 3:00 Happy New Year Happy Hr. w/Bayada & Baycare (C) 3:00 Blackjack w/Derrick (FC) 6:30 Beginner Board Game Club</p> | <p>9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Yoga w/ Rachel! (F) 11:00 Jeopardy Trivia TH 1:00 Town Talk with Paul (TH) 2:00 Win Big Bingo Challenge (FC) 3:00 Technology Class (TH) 4:00 Family Feud (C) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>HAPPY NEW YEAR! 9:00 Workout w/ Blanche (F/RRA) 9:30 Bayada: Water Aerobics! (PD) 10:00 Walking Group (Café/RRA) 1:15 Christmas Movie Matinee (TH) 2:00 Win Big Bingo Challenge (FC) 3:00 Brain Games (TH) 6:00 Christmas Movie Replay (TH) 6:30 Beginner Board Game Club (C/RRA)</p> | <p>Lifestyle Key Physical Wellness Social Wellness Intellectual Wellness Emotional Wellness Spiritual Wellness Outings</p> |

Kwanzaa Begins

New Year's Eve

Christmas

Winter Begins

Location Legend: (C)=Café; (F)=Fitness Center; (TH)=Theater; (2AG)=Art Gallery-2nd Floor; (CR)=Card Room-1st Floor; (PR)=Pearl Restaurant; (FC)=Floridian Club-3rd Floor; (RRA)=Resident Run Activity; (PD)=Pool Deck; (L)=Library-3rd Floor