

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021

Independent Living Lifestyle Program

Color Legend: Black=Lifestyle; Gold=Offsite Excursion; Green=Bayada; Purple=Bayshore Home Health; Blue=Chapters Health

Last Updated 6/29 at 1:30 PM

<p>9:00 Weekly Activity & Spiritual Packet (Pick Up at Reception) 4</p> <p>9:00 Idlewild Church Live Stream (TH)</p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p>1:00 Knitting & Crocheting Club (2AG)</p> <p>1:30 Patriotic Movie Weekend (TH)</p> <p>2:00 "Firecracker" Red, White & Blue Patriotic Popsicle Bar (C)</p> <p>3:00 "Weekend Wind Down" Daily Chronicle (Pick up in Café)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p> <p>Independence Day (US)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 5</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 83: "Clinton's America and the Millennium" (TH) (30min)</p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p>1:15 Trivia (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Docuseries: Ask the Doctor Ep 1 "Obesity" (29min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 6</p> <p>9:00 Walmart (Sign Up Required)</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:30 Publix (Sign Up Required)</p> <p>10:30 Brain Games (FC)</p> <p>1:15 Tuesday Movie Matinee (TH)</p> <p>1:00 Walmart (Sign Up Required)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>2:30 Publix (Sign Up Required)</p> <p>3:15 Men's Group Arts & Crafting: Build A Car (2AG)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 7</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 84: "Reflections" (TH) (30min)</p> <p>1:15 Arts & Crafting: Painting Flip Flop Boxes (2AG) (RSVP)</p> <p>2:15 Bayshore Trivia Bingo: "Summer Fun" (FC)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 8</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:00 Walking Group (Meet in Café/RRA)</p> <p>10:30 Modern Jeopardy (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Afternoon Documentary: "Mission Control - The Unsung Heroes of Apollo" (1hr 39min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p> <p>Canada Day</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 9</p> <p>9:00 Coffee Chat w/ the Management Team (Café)</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 "Who, What, When" Guessing Game (TH)</p> <p>1:15 Friday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:00 Steel Drum Happy Hour w/ Johnny (C)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 "Weekend Wake Up" Daily Chronicle (Pick Up in Café) 3</p> <p>9:30 Workout w/ Blanche (F)</p> <p>10:00 Knitting & Crocheting Club (2AG/RRA)</p> <p>11:00 "Fourth of July" Trivia (FC)</p> <p>1:15 Patriotic Movie Weekend TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>
<p>9:00 Weekly Activity & Spiritual Packet (Pick Up at Reception) 11</p> <p>9:00 Idlewild Church Live Stream (TH)</p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p>10:00 Cornhole (F)</p> <p>1:00 Knitting & Crocheting Club (2AG)</p> <p>2:00 Gardener's Group (PD)</p> <p>3:00 "Weekend Wind Down" Daily Chronicle (Pick up in Café)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 12</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 1: "Touring the Cradle of Western Civilization" (TH) (30min)</p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p>1:15 Brain Games (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Docuseries: Ask the Doctor Ep 2 "Sleep" (29min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 13</p> <p>9:00 Walmart (Sign Up Required)</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:30 Publix (Sign Up Required)</p> <p>10:30 Brain Games (FC)</p> <p>1:15 Tuesday Movie Matinee (TH)</p> <p>1:00 Walmart (Sign Up Required)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>2:30 Publix (Sign Up Required)</p> <p>3:15 Men's Group & Bourbon Bar: Documentary "Chef's Table BBQ" Ep 1 (42min) (TH)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 14</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 2: "Athens-Around the Acropolis and Parthenon" (TH) (30min)</p> <p>1:15 Arts & Crafting: Decorating Ceramic Vases (2AG) (RSVP)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:00 "Laughter is the Best Medicine" Health Presentation w/ Bayada (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/RRA) 15</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:00 Walking Group (Meet in Café/RRA)</p> <p>10:30 National Parks, Monuments, and Landmarks Trivia (FC)</p> <p>1:00 July Resident Birthday Party! (C)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Afternoon Documentary: "Minimalism: A Documentary about the Important Things" (1hr 18min) (TH)</p> <p>5:30 Evening Piano Entertainment w/ Gavin R. (PR)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 16</p> <p>9:00 Coffee Chat w/ the Management Team (Café)</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 Travelogue: National Parks (TH)</p> <p>1:15 Friday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:30 Educational Presentation w/ Chapters Health (TH)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club</p>	<p>9:00 "Weekend Wake Up" Daily Chronicle (Pick Up in Café) 17</p> <p>9:30 Workout w/ Blanche (F)</p> <p>10:00 Knitting & Crocheting Club (2AG/RRA)</p> <p>11:00 Café Lemonade Stand (C)</p> <p>1:15 Saturday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>
<p>9:00 Weekly Activity & Spiritual Packet (Pick Up at Reception) 18</p> <p>9:00 Idlewild Church Live Stream (TH)</p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p>10:00 Cornhole (F)</p> <p>1:00 Knitting & Crocheting Club (2AG)</p> <p>2:00 Documentary: "Miles Davis: Birth of the Cool" (1hr 55min) (TH)</p> <p>3:00 "Weekend Wind Down" Daily Chronicle (Pick up in Café)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 19</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 3: "In the Footsteps of Socrates-Historic Athens" (TH) (30min)</p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p>1:15 Brain Games (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Docuseries: Ask the Doctor Ep 3 "Allergies" (29min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/RRA) 20</p> <p>9:00 Walmart (Sign Up Required)</p> <p>9:30 Veteran's Coffee Talk w/ Chapters Health (See Flyer for Details)</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:30 Publix (Sign Up Required)</p> <p>1:15 Tuesday Movie Matinee (TH)</p> <p>1:00 Walmart (Sign Up Required)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>2:30 Publix (Sign Up Required)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 21</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 4: "Around Attica-Temples and Mysteries" (TH) (30min)</p> <p>1:15 Arts & Crafting: Butterfly Clothespin Magnets (2AG) (RSVP)</p> <p>2:00 Culinary Council Meeting w/ Chef Joe (PR)</p> <p>3:00 Crafting w/ Bayshore Home Health (2AG)</p> <p>6:30 Beginner Board Game Club</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 22</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:00 Walking Group (Meet in Café/RRA)</p> <p>10:30 More Jeopardy Trivia (FC)</p> <p>1:15 Discuss & Recall: "Yellowstone and Beyond: A History of the U.S. National Parks System" (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Afternoon Documentary: "Breaking Boundaries: The Science of Our Planet" (1hr 14min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>7:00 Summer Olympics Opening Ceremony Watch Party & Pastry Bar (C) 23</p> <p>9:00 Workout w/ Blanche (F/RRA)</p> <p>9:00 Coffee Chat w/ the Management Team (Café)</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 Wheel of Fortune (C)</p> <p>1:15 Friday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:00 Men's Group Health Discussion with Bayada (TH)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 "Weekend Wake Up" Daily Chronicle (Pick Up in Café) 24</p> <p>9:30 Workout w/ Blanche (F)</p> <p>10:00 Knitting & Crocheting Club (2AG/RRA)</p> <p>11:00 Wheel of Fortune (C)</p> <p>1:15 Saturday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>
<p>9:00 Weekly Activity & Spiritual Packet (Pick Up at Reception) 25</p> <p>9:00 Idlewild Church Live Stream (TH)</p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p>10:00 Cornhole (F)</p> <p>1:00 Knitting & Crocheting Club (2AG)</p> <p>2:00 Gardener's Group (PD)</p> <p>3:00 "Weekend Wind Down" Daily Chronicle (Pick up in Café)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 26</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 5: "Seeking the Good Life-Corinth to Epidaurus" (TH) (30min)</p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p>1:15 Brain Games (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Docuseries: Ask the Doctor Ep 4 "Diet" (29min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/RRA) 27</p> <p>9:00 Walmart (Sign Up Required)</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:30 Publix (Sign Up Required)</p> <p>10:30 Brain Games (FC)</p> <p>1:15 Tuesday Movie Matinee (TH)</p> <p>1:00 Walmart (Sign Up Required)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>2:30 Publix (Sign Up Required)</p> <p>3:15 Men's Group Documentary: "Money Explained - Gambling" (22min) (TH)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 28</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 The Great Courses Lecture 6: "Mycenae-Where Kings Planned the Trojan War" (TH) (30min)</p> <p>1:15 Arts & Crafting: Lighthouse Windchimes (2AG)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:00 Educational Presentation w/ Bayshore (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 29</p> <p>9:30 Bayada: Yoga w/ Rachel! (F)</p> <p>10:00 Walking Group (Meet in Café/RRA)</p> <p>10:30 Random Trivia (FC)</p> <p>1:15 Brain Games (FC)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:15 Afternoon Documentary: "Framing John DeLorean" (1hr 49min) (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) 30</p> <p>9:00 Coffee Chat w/ the Management Team (Café)</p> <p>9:30 Bayada: Water Aerobics! (PD)</p> <p>10:30 Wheel of Fortune (C)</p> <p>1:15 Friday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>3:00 Ice Cream Social with Richard P. (C)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>	<p>9:00 "Weekend Wake Up" Daily Chronicle (Pick Up in Café) 31</p> <p>9:30 Workout w/ Blanche (F)</p> <p>10:00 Knitting & Crocheting Club (2AG/RRA)</p> <p>11:00 Wheel of Fortune (C)</p> <p>1:15 Saturday Movie Matinee (TH)</p> <p>2:00 Win Big Bingo Challenge (FC)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Beginner Board Game Club (C/RRA)</p>

Location Legend: (C)=Café; (F)=Fitness Center; (TH)=Theater-2nd Floor; (2AG)=Art Gallery-2nd Floor; (CR)=Card Room-1st Floor; (PR)=Pearl Restaurant; (FC)=Floridian Club-3rd Floor; (RRA)=Resident Run Activity; (PD)=Pool Deck; (L)=Library-3rd Floor