

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Due to COVID-19 and social distancing, The Lifestyle Department will limit the number of attendees per activity. Masks MUST be worn, and hand washing must occur before each activity. See posted flyers for more information regarding activities and special events. Activities subject to change as new information develops. Weekly calendars available in the Lobby.</b></p> <p><b>Updated 1/27 at 1:30 PM</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>1</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p><b>10:00 Celebrating Black History Month Discussion &amp; Trivia (FC)</b></p> <p><b>10:30 The Great Courses Lecture 43: Behind the Lines – Politics &amp; Economics (TH) (35min)</b></p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p><b>1:15 Afternoon Documentary: 100 Humans “The Best Age to be Alive”</b></p> <p>2:00 Win Big Bingo Challenge (F)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>2</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Groundhog Day Trivia (FC)</b></p> <p><b>1:00 Tuesday Movie Matinee &amp; Popcorn: Groundhog Day (1993) (TH)</b></p> <p><b>1:15 The Furry Forecaster Mad Lib Word Game (FC)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Acrylic &amp; Watercolors Club (2AG/RRA)</p> <p style="text-align: center;"><i>Groundhog Day</i></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>3</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p><b>10:00 Morning Pastries &amp; Coffee Chat (C)</b></p> <p><b>10:30 The Great Courses Lecture 44: African Americans in Wartime (TH) (35min)</b></p> <p>1:15 “Modern Jeopardy” Trivia (FC)</p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:30 Happy Hour w/ Concierge Care (See Flyer for Details)</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>4</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Black History Month Series: “The Ingenuity of Black Inventors” (FC)</b></p> <p><b>1:15 Arts &amp; Crafting: Mosaic Glass Votives (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:30 Black History Month Ted Talk: “The Great Migration &amp; The Power of a Single Decision” (TH) (18min)</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>5</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p>10:30 Brain Games (FC)</p> <p><b>1:00 Friday Movie Matinee &amp; Popcorn (TH)</b></p> <p><b>1:15 “Frozen Friday” Happy Hour w/ Frozen Drinks “To Go” (C)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p>6:00 Instant Movie Replay (TH)</p>	<p>9:30 Workout w/ Blanche (F) <b>6</b></p> <p>10:30 “Weekend Wake Up” Coffee &amp; News Hour (TH)</p> <p>11:00 Wheel of Fortune (FC)</p> <p>1:00 Acrylic &amp; Watercolors Club (2AG/RRA)</p> <p><b>1:00 Saturday Movie Matinee (TH)</b></p> <p><b>1:15 Arts &amp; Crafting: Rose Painting (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:15 Saturday Happy Hour (C)</b></p> <p>6:00 Instant Movie Replay (TH)</p>
<p><b>9:00 Weekly Activity &amp; Spiritual Packet (Pick Up at Reception) 7</b></p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p><b>11:00 Idlewild Church Live Stream (Theater)</b></p> <p>2:00 Cornhole Challenge (FC)</p> <p>3:00 Soothing Music &amp; “Creative Therapy” Coloring (2AG)</p> <p><b>6:30 Superbowl LV Watch Party! (TH) (See Flyer or Details)</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>8</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p>10:00 Brain Games (FC)</p> <p><b>10:30 The Great Courses Lecture 45: The Union Drive to Victory (TH) (35min)</b></p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p><b>1:15 Afternoon Documentary: Shine On w/ Reese Witherspoon “Dolly Parton” (21 min) (TH)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>9</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p>10:30 “Italy” Trivia (FC)</p> <p><b>1:00 Tuesday Movie Matinee &amp; Popcorn (TH)</b></p> <p>1:15 Wheel of Fortune (FC)</p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:15 Travelogue: Venice, Italy (TH) (RSVP) (See Flyer for Details)</b></p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Acrylic &amp; Watercolors Club (2AG/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>10</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p><b>10:00 BP Clinic w/ Concierge Care (See Flyer for Details)</b></p> <p><b>10:30 The Great Courses Lecture 46: Presidential Reconstruction (TH) (35min)</b></p> <p>1:15 “Jeopardy” Trivia (FC)</p> <p>2:00 Win Big Bingo Challenge (F)</p> <p>3:30 Cornhole (FC)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>11</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Black History Month Series: “Caption This” (FC)</b></p> <p><b>1:15 Arts &amp; Crafting: Valentine’s Day Card Making (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:30 Black History Month Ted Talk: “We Need to Talk about Injustice” (TH) (23min)</b></p>	<p>9:00 Workout w/ Blanche (F/RRA) <b>12</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p>10:30 “Lovely” Mad Libs (FC)</p> <p><b>1:00 Valentine’s Day Weekend Movie Matinee &amp; Popcorn: The Notebook (TH) (Streaming)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:00-4:00 Valentine’s Day Weekend Happy Hour w/ Richard P. (PD)</b></p> <p><b>6:00 Evening “Ice Cream Dreams” (C) (RSVP at Reception)</b></p> <p>6:00 Instant Movie Replay (TH)</p> <p style="text-align: center;"><i>Chinese New Year (Year of the Ox)</i></p>	<p>9:30 Workout w/ Blanche (F) <b>13</b></p> <p>10:30 “Weekend Wake Up” Coffee &amp; News Hour (TH)</p> <p>11:00 Wheel of Fortune: Valentine’s Day Theme (FC)</p> <p>1:00 Acrylic &amp; Watercolors Club (2AG/RRA)</p> <p><b>1:00 Valentine’s Day Weekend Movie Matinee &amp; Popcorn: Runaway Bride (1999) (TH)</b></p> <p><b>1:15-1:45 Arts &amp; Crafting: Valentine’s Day Card Making (2AG) (RSVP)</b></p> <p>2:00 Valentine Bingo! (F)</p> <p><b>3:15 Saturday Happy Hour (C)</b></p> <p>6:00 Instant Movie Replay (TH)</p>
<p><b>9:00 Weekly Activity &amp; Spiritual Packet (Pick Up at Reception) 14</b></p> <p><b>9:00 Idlewild Church Live Stream (Theater)</b></p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p><b>10:30 “Love is in the Air” Trivia (FC)</b></p> <p><b>11:00 Idlewild Baptist Church Live Stream (Theater)</b></p> <p><b>1:00 Valentine’s Day Movie Special: When Harry Met Sally (1989) (TH)</b></p> <p><b>3:00 “Sweet Treats” Valentine’s Day Dessert Bar! (FC)</b></p> <p style="text-align: center;"><i>Valentine’s Day</i></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>15</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p><b>10:00 Presidents’ Day Trivia (FC)</b></p> <p><b>10:30 The Great Courses Lecture 47: Congress Takes Command (TH) (35min)</b></p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p><b>1:15 First Ladies – Who am I? (FC)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:15 Presidents Day Movie Special: Lincoln (TH)</b></p> <p style="text-align: center;"><i>Presidents’ Day</i></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>16</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Arts &amp; Crafting: Mardi Gras Mask Making! (2AG) (RSVP)</b></p> <p><b>1:15 Arts &amp; Crafting: Mardi Gras Mask Making! (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:15 Mardi Gras Jazz Music &amp; King Cake “To-Go” (C)</b></p> <p>6:30 Acrylic &amp; Watercolors Club (2AG/RRA)</p> <p style="text-align: center;"><i>Mardi Gras</i></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>17</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p>10:00 Mardi Gras Trivia (FC)</p> <p><b>10:30 The Great Courses Lecture 48: Reconstruction Ends (TH) (35min)</b></p> <p><b>2:00 Food for Thought Meeting w/ Chef Joe (RSVP) (See Flyer for Details)</b></p> <p><b>3:00-4:00 Mardi Gras Live Entertainment w/ The Jazz Phools (See Flyer for Details)</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>18</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Black History Month Series: “Influential Women” (FC)</b></p> <p><b>1:15 Black History Month Arts &amp; Crafting: Designing African Folding Fans (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:30 Black History Month Ted Talk: “The Urgency of Intersectionality” (TH) (19min)</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>19</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p>10:30 Brain Games (FC)</p> <p><b>1:00 Friday Movie Matinee &amp; Popcorn (TH)</b></p> <p><b>1:15 “Frozen Friday” Happy Hour w/ Frozen Drinks “To Go” (C)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p>6:00 Instant Movie Replay (TH)</p>	<p>9:30 Workout w/ Blanche (F) <b>20</b></p> <p>10:30 “Weekend Wake Up” Coffee &amp; News Hour (TH/RRA)</p> <p>11:00 Wheel of Fortune (FC)</p> <p>1:00 Acrylic &amp; Watercolors Club (2AG/RRA)</p> <p><b>1:00 Saturday Movie Matinee (TH)</b></p> <p><b>1:15 Arts &amp; Crafting: Painting Flower Windchimes (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:15 Saturday Happy Hour (C)</b></p> <p>6:00 Instant Movie Replay (TH)</p>
<p><b>9:00 Weekly Activity &amp; Spiritual Packet (Pick Up at Reception) 21</b></p> <p><b>9:00 Idlewild Church Live Stream (Theater)</b></p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p>10:30 Wheel of Fortune (FC)</p> <p><b>11:00 Idlewild Church Live Stream (Theater)</b></p> <p>2:00 Cornhole Challenge (FC)</p> <p>3:00 Soothing Music &amp; “Creative Therapy” Coloring (2AG)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>22</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p>10:00 Brain Games (FC)</p> <p><b>10:30 The Great Courses Lecture 49: Industrialization (TH) (35min)</b></p> <p>1:00 Bible Study w/ Sandy (2AG/RRA)</p> <p><b>1:15 Afternoon Documentary: Our Planet “Behind the Scenes” (1hr) (TH)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>23</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Men’s Group Lakeside Meet Up &amp; Coffee Chat (Outdoor Patio) (See Invite for Details)</b></p> <p><b>1:00 Tuesday Movie Matinee &amp; Popcorn (TH)</b></p> <p>1:15 Wheel of Fortune (FC)</p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:00-4:00 Balance Importance in Health &amp; Wellness w/ Bayada (See Flyer)</b></p> <p>6:00 Instant Movie Replay (TH)</p> <p>6:30 Acrylic &amp; Watercolors Club (2AG/RRA)</p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>24</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p><b>10:00 Morning Pastries &amp; Coffee Chat (C)</b></p> <p><b>10:30 The Great Courses Lecture 50: Transcontinental Railroads (TH) (35min)</b></p> <p><b>1:15 Story of Joyous Purim &amp; True or False Trivia (FC)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:30-4:30 Black History Month Live Entertainment &amp; Celebration w/ John Jackson! (PD)</b></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>25</b></p> <p>9:30 Bayada: Yoga w/ Lynn! (F)</p> <p><b>10:30 Black History Month Series: Travelogue “Exploring the Underground Railroad” (TH)</b></p> <p><b>1:15 Black History Month Arts &amp; Crafting: Inspirational Quote Canvases (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:30 Black History Month Ted Talk: “The Racial Politics of Time” (TH) (13min)</b></p> <p style="text-align: center;"><i>Purim Begins</i></p>	<p>9:00 Workout w/ Blanche (F/Video/RRA) <b>26</b></p> <p>9:30 Get FIT w/ Bayada! (F)</p> <p><b>10:00 Coffee Conversations w/ Concierge Care (See Flyer for Details)</b></p> <p><b>1:00 Friday Movie Matinee &amp; Popcorn (TH)</b></p> <p>1:15 “Random” Trivia (FC)</p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:00-4:00 Poolside Happy Hour w/ Richard P. (PD)</b></p> <p>6:00 Instant Movie Replay (TH)</p>	<p>9:30 Workout w/ Blanche (F) <b>27</b></p> <p>10:30 “Weekend Wake Up” Coffee &amp; News Hour (TH/RRA)</p> <p>11:00 Wheel of Fortune (FC)</p> <p>1:00 Acrylic &amp; Watercolors Club (2AG/RRA)</p> <p><b>1:00 Saturday Movie Matinee (TH)</b></p> <p><b>1:15 Arts &amp; Crafting: Mosaic Crosses (2AG) (RSVP)</b></p> <p>2:00 Win Big Bingo Challenge (F)</p> <p><b>3:15 Saturday Happy Hour (FC)</b></p> <p>6:00 Instant Movie Replay (TH)</p>
<p><b>9:00 Weekly Activity &amp; Spiritual Packet (Pick Up at Reception) 28</b></p> <p><b>9:00 Idlewild Church Live Stream (Theater)</b></p> <p>9:30 Workout w/ Blanche (F/RRA)</p> <p>10:30 Wheel of Fortune (FC)</p> <p><b>11:00 Idlewild Church Live Stream (Theater)</b></p> <p>2:00 Cornhole Challenge (FC)</p> <p>3:00 Soothing Music &amp; “Creative Therapy” Coloring (2AG)</p>	<h1>February 2021</h1> <h2>Independent Living Lifestyle Program</h2>					

Location Legend: (C)=Café; (F)=Fitness Center; (TH)=Theater-2<sup>nd</sup> Floor; (2AG)=Art Gallery-2<sup>nd</sup> Floor; (CR)=Card Room-1<sup>st</sup> Floor; (1PR)=Pearl Restaurant; (FC)=Floridian Club-3<sup>rd</sup> Floor; (RRA)=Resident Run Activity; (PD)=Pool Deck; (L)=Library-3<sup>rd</sup> Floor