


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 1:00 Weekend Movie Madness (T) 3:00 Spiritual Songs & Hymns (P) 6:00 Instant Movie Replay (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 1 9:30 Celebrating Black History Month Discussion (C) 10:30 Morning Fitness with Bayada (F) 11:00 Soothing Music & Daily Word Search (C) 1:15 Afternoon Bingo (C) 2:30 Balloon Volleyball (F) 3:30 Puzzles in Paradise (CS)	9:15 Soothing Café Sounds & Coffee Bar (C) 2 9:30 Groundhog Day Trivia 10:00 Blues & Word Search (C) 10:30 Morning Fitness with Bayada (F) 1:15 Afternoon Po-Ke-No (C) 2:30 Black History Month Arts & Crafting: Inspirational Quote Canvases (CS) 3:30 Bowling (F) <i>Groundhog Day</i>	9:15 Soothing Café Sounds & Coffee Bar (C) 3 9:30 Learn their Story: Langston Hughes (C) 10:00 Jazz & Word Search(C) 10:30 Morning Fitness with Bayada (F) 1:00 Travelogue: Traveling the Underground Railroad (T) 2:30 Mid-Week Movie Matinee (T) 6:00 Instant Movie Replay (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 4 9:30 Exercise Your Mind (C) 10:30 Morning Fitness with Bayada (F) 11:00 60s & Word Search (C) 1:15 Afternoon Po-Ke-No (C) 2:00 Docuseries: What Babies Know (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 5 9:30 Can You Picture This? (C) 10:30 Morning Fitness with Bayada (F) 11:00 Soothing Sounds & Word Search (C) 1:15 Afternoon Bingo (T) 2:30 Arts & Crafting: Pinecone Creations (CS)	9:30 Morning Fitness (F) 6 10:00 Saturday Morning Croissants, Coffee, & Brain Games (C) 11:00 Roaring "20's" & Word Search (C) 1:00 Weekend Movie Madness (T) 6:00 Instant Movie Replay (T)
10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 1:00 Weekend Movie Madness (T) 3:00 Spiritual Songs & Hymns (P) 6:00 Pre-Superbowl Party ! (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 8 9:30 Learn their Story: Barack Obama (T) 10:00 Soothing Music & Daily Word Search (C) 10:30 Morning Fitness with Bayada (F) 1:15 Afternoon Bingo (C) 2:30 Corn Hole Challenge (F) 3:30 Puzzles in Paradise (CS)	9:15 Soothing Café Sounds & Coffee Bar (C) 9 9:30 Morning TRIVIA! (C) 10:30 Morning Fitness with Bayada (F) 11:00 Blues & Word Search (C) 1:15 Afternoon Po-Ke-No 2:30 Arts & Crafting: Valentine's Day Cards (CS) 3:30 Bowling (F)	9:15 Soothing Café Sounds & Coffee Bar (C) 10 9:30 Discussion: Remembering Love Songs (C) 10:30 Morning Fitness with Bayada (F) 11:00 Jazz & Word Search(C) 1:00 Venice Valentine Travelogue (T) 2:30 Mid-Week Movie Matinee (T) 6:00 Instant Movie Replay (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 11 9:30 Explore Historic Places of the Civil Rights Movement (T) 10:30 Morning Fitness with Bayada (F) 11:00 60s & Word Search (C) 1:15 Afternoon Po-Ke-No (C) 2:00 Docuseries: Babies & Movement (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 12 9:30 Celebrate Chinese New Year: Are you an Ox? (C) 10:30 Morning Fitness with Bayada (F) 11:00 Soothing Sounds & Word Search (C) 1:15 Pre-Valentines Day Sounds w/ Harley G. (Courtyard) 2:30 Chinese New Year Bingo (C) <i>Chinese New Year (Year of the Ox)</i>	9:30 Morning Fitness (F) 13 10:00 Discussion: The History of Valentine's Day w/ Pastries & Coffee (C) 11:00 Morning Stroll w/ Baily (Meet in Café) 1:00 Weekend Movie Madness (T) 6:00 Instant Movie Replay (T)
10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 1:15 Sweet Treats Valentine's Day Dessert Bar (C) 1:30 Weekend Movie Madness (T) 3:00 Spiritual Songs & Hymns (P) 6:00 Instant Movie Replay (T) <i>Valentine's Day</i>	9:15 Soothing Café Sounds & Coffee Bar (C) 15 9:30 Presidents Day Trivia (C) 10:00 Soothing Music & Daily Word Search (C) 10:30 Morning Fitness with Bayada (F) 1:15 Valentine's Day Bingo (C) 2:30 Balloon Volleyball (F) 3:30 Puzzles in Paradise (CS) <i>Presidents' Day</i>	9:15 Soothing Café Sounds & Coffee Bar (C) 16 9:30 Fat Tuesday Donuts & Trivia (C) 10:30 Morning Fitness with Bayada (F) 11:00 Blues & Word Search (C) 1:00 Courtyard Entertainment w/ Richard P. 2:30 Arts & Crafting: Mardi Gras Masks (CS) 6:00 Mardi Gras Bingo Party! <i>Mardi Gras</i>	9:15 Soothing Café Sounds & Coffee Bar (C) 17 9:30 Black History Month Ted Talk: The Great Migration (T) 10:00 Food for Thought Meeting with Chef Joe (T) 10:30 Morning Fitness with Bayada (F) 1:00 Afternoon Bingo (C) 3:00 Mardi Gras Live Entertainment w/ The Jazz Phools (See Flyer For Details) 6:00 Mid-Week Movie (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 18 9:30 The Ingenuity of Black Inventors (C) 10:30 Morning Fitness with Bayada (F) 11:00 60s & Word Search (C) 1:15 Afternoon Po-Ke-No (C) 2:00 Docuseries: Babies & Senses (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 19 9:30 Discussion: Remembering Stamp & Coin Collecting (T) 10:30 Morning Fitness with Bayada (F) 11:00 Soothing Sounds & Word Search (C) 1:15 Afternoon Bingo (T) 2:30 Arts & Crafting: Unity Hand Wreaths (CS)	9:30 Morning Fitness (F) 20 10:00 Saturday Morning Coffee, Bagels & Brain Games (C) 11:00 Roaring "20's" & Word Search (C) 1:00 Weekend Movie Madness (T) 6:00 Instant Movie Replay (T)
10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 1:00 Weekend Movie Madness (T) 3:00 Spiritual Songs & Hymns (P) 6:00 Instant Movie Replay (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 22 9:30 Learn their Story: Ruby Bridges (C) 10:00 Soothing Music & Daily Word Search (C) 10:30 Morning Fitness with Bayada (F) 1:15 Afternoon Bingo (C) 2:30 Corn Hole Challenge (F) 3:30 Puzzles in Paradise (CS)	9:30 Brain Games: Jeopardy (C) 23 10:30 Morning Fitness with Bayada (F) 11:00 Blues & Word Search (C) 1:15 Afternoon Po-Ke-No (C) 2:30 Arts & Entertainment: Guys & Dolls (T) 3:30 Puzzles in Paradise (CS)	9:15 Soothing Café Sounds & Coffee Bar (C) 24 9:30 African American Artists in America (C) 10:30 Morning Fitness with Bayada (F) 11:00 Jazz & Word Search(C) 1:00 Black History Month Entertainment & Celebration w/ John Jackson (Courtyard) 2:30 Movie Matinee (T) 6:00 Instant Movie Replay (T)	9:15 Soothing Café Sounds & Coffee Bar (C) 25 9:30 The Story of Joyous Purim (C) 10:00 60s & Word Search (C) 10:30 Morning Fitness with Bayada (F) 11:00 60s & Word Search (C) 1:15 Afternoon Po-Ke-No (C) 2:00 Docuseries: Babies & Relationships (T) <i>Purim Begins</i>	9:15 Soothing Café Sounds & Coffee Bar (C) 26 9:30 Trivia & Famous African Americans Who am I? (C) 10:30 Morning Fitness with Bayada (F) 11:00 Soothing Sounds & Word Search (C) 1:00 Courtyard Entertainment w/ Richard P. (Courtyard) 2:30 Black History Month Arts & Crafting: Designing African Folding Fans (CS)	9:30 Morning Fitness (F) 27 10:00 Saturday Morning Donuts Coffee & Brain Games (C) 11:00 Roaring "20's" & Word Search (C) 1:00 Weekend Movie Madness (T) 6:00 Instant Movie Replay (T)
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February 2021

Assisted Living Lifestyle Program

Updated 1/28/21 at 8:30 AM

Locations: (C)=Café; (F)=Fitness Center; (TH)=Theater; (CS) =Craft Studio; (L)=Library (R)= Restaurant; (PL)=Piano Lounge; (RRA)=Resident Run Activity; (CTY)=Courtyard; (P)=Piano Room