

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Assisted Living Lifestyle Program

					<p>9:15 Soothing Café Sounds & Coffee Bar (C) 1</p> <p>9:30 Funny New Year's Resolutions & Jokes (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Soothing Sounds & Word Search (C)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:00 Celebrate a New Year with Snacks and Tunes (C)</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Morning Fitness (F) 2</p> <p>10:00 Exercise Your Mind (C)</p> <p>11:00 Roaring "20's" & Word Search (C)</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>6:00 Instant Movie Replay (T)</p>
<p>10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 3</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>3:00 Spiritual Hymns (Piano Room) (RRA)</p> <p>6:00 Instant Movie Replay & Popcorn (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 4</p> <p>9:30 Morning TRIVIA! (C)</p> <p>10:00 Daily Word Search (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>1:15 Special Elvis Bingo! (C)</p> <p>2:30 Docuseries: Animal Intelligence Explained (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 5</p> <p>9:30 Brain Games: Hot Seat (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Blues & Word Search (C)</p> <p>1:15 Arts & Crafting: 2021 Vision Boards (CS)</p> <p>2:30 Arts & Entertainment: Broadway Shows & Plays (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 6</p> <p>9:30 Exercise Your Mind (C)</p> <p>10:00 50s Songs & Word Search(C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:00 Mid-Week Popcorn & Movie Matinee (T)</p> <p>6:00 Instant Movie Replay (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 7</p> <p>9:30 Who am I? /What am I? (C)</p> <p>10:00 Holiday Tunes & Word Search (C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:15 Thursday Movie Matinee (C)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 8</p> <p>9:30 Can You Picture This? (C)</p> <p>10:00 Soothing Sounds & Word Search (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:30 Introduction to Spanish (C)</p>	<p>9:30 Morning Fitness (F) 9</p> <p>10:00 Sowing Seeds of Victory with Coffee & Croissants (C)</p> <p>11:00 Roaring "20's" & Word Search (C)</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>6:00 Instant Movie Replay (T)</p>
<p>10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 10</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>3:00 Spiritual Hymns (Piano Room) (RRA)</p> <p>6:00 Instant Movie Replay & Popcorn (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 11</p> <p>9:30 Morning TRIVIA! (C)</p> <p>10:00 Daily Word Search (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:30 Arts & Crafting: Sand Art (CS)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 12</p> <p>9:30 Brain Games: Does it Jive in the 1940s? (T)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Blues & Word Search (C)</p> <p>1:00 Courtyard Entertainment with Eddie Dean (Courtyard)</p> <p>2:30 Afternoon Po-Ke-No (C)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 13</p> <p>9:30 Exercise Your Mind (C)</p> <p>10:00 Food for Thought Meeting with Chef Joe (See flyer for location)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:15 Travelogue: Sweet Home Chicago! (T)</p> <p>2:30 Mid-Week Popcorn & Movie Matinee (T)</p> <p>6:00 Instant Movie Replay (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 14</p> <p>9:30 Morning TRIVIA! (C)</p> <p>10:00 Classic Tunes & Word Search (C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:00-2:00 Courtyard Concert w/ Richard P. (Courtyard)</p> <p>2:30 Puzzles in Paradise (CS)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 15</p> <p>9:30 Discuss & Recall: Fads & Fashions From the 1940s & celebrate National Beagle Day with Beagles (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Soothing Sounds & Word Search (C)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:30 Interactive Video: Name that Instrument (T)</p>	<p>9:30 Morning Fitness (F) 16</p> <p>10:00 Exercise Your Mind (C)</p> <p>10:30 Arts & Crafting: Making Mini Candles (CS)</p> <p>11:00 Roaring "20's" & Word Search (C)</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>6:00 Instant Movie Replay (T)</p>
<p>10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 17</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>3:00 Spiritual Hymns (Piano Room) (RRA)</p> <p>6:00 Instant Movie Replay & Popcorn (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 18</p> <p>9:30 Celebrate MLK Day Pastries & Hot Chocolate (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Daily MLK Word Search (C)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:30 Docuseries: Beauty Explained (T)</p> <p style="text-align: center;">Martin Luther King Day</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 19</p> <p>9:30 Brain Games: Wheel of Fortune (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Blues & Word Search (C)</p> <p>1:15 Arts & Crafting: Making Bracelets (CS)</p> <p>2:30 Arts & Entertainment: Broadway Shows & Plays (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 20</p> <p>9:30 Let's Talk about Health with Fruit Salad (C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>11:00 50s Songs & Word Search(C)</p> <p>1:00 Mid-Week Popcorn & Movie Matinee (T)</p> <p>6:00 Instant Movie Replay (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 21</p> <p>9:30 Exercise Your Mind (C)</p> <p>10:00 Classic Tunes & Word Search (C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:00-2:00 Courtyard Concert w/ Richard P. (Courtyard)</p> <p>2:30 Puzzles in Paradise (CS)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 22</p> <p>9:30 Food for Thought: Candies of the 1940s (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Soothing Sounds & Word Search (C)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:30 Introduction to Spanish (C)</p>	<p>9:30 Morning Fitness (F) 23</p> <p>10:00 Brain Games: Pictionary with Coffee & Croissants (C)</p> <p>11:00 Roaring "20's" & Word Search (C)</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>6:00 Instant Movie Replay (T)</p>
<p>10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 24</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>3:00 Spiritual Hymns (Piano Room) (RRA)</p> <p>6:00 Instant Movie Replay & Popcorn (T)</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 25</p> <p>9:30 Morning TRIVIA! (C)</p> <p>10:00 Daily Word Search (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>1:15 Afternoon Bingo (C)</p> <p>2:30 Arts & Crafting: Sea Life Sequins (CS)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 26</p> <p>9:30 Brain Games: Jeopardy! (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Blues & Word Search (C)</p> <p>1:15 Arts & Crafting: Self Portraits (CS)</p> <p>2:30 Milk Shakes & Hips Shaking: Discussing Popular Dances of the 1940s</p> <p style="text-align: center;">Australia Day (observed)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 27</p> <p>9:30 Exercise Your Mind (C)</p> <p>10:00 50s Songs & Word Search(C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:00 Mid-Week Popcorn & Movie Matinee (T)</p> <p>6:00 Instant Movie Replay (T)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 28</p> <p>9:30 Exercise Your Mind (C)</p> <p>10:00 Classic Tunes & Word Search (C)</p> <p>10:30 Morning Workout with Bayada (F)</p> <p>1:00-2:00 Courtyard Concert w/ Richard P. (Courtyard)</p> <p>2:30 Puzzles in Paradise (CS)</p>	<p>9:15 Soothing Café Sounds & Coffee Bar (C) 29</p> <p>9:30 Brain Games: Would You Rather (C)</p> <p>10:30 Morning Fitness with Bayada (F)</p> <p>11:00 Soothing Sounds & Word Search (C)</p> <p>1:30 Happy Hour with Klassika Entertainment (See Flyer)</p>	<p>9:30 Morning Fitness (F) 30</p> <p>10:00 Exercise Your Mind (C)</p> <p>11:00 Roaring "20's" & Word Search (C)</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>6:00 Instant Movie Replay (T)</p>
<p>10:00 Weekly Activity & Spiritual Packet (Pick up at Reception) 31</p> <p>1:15 Weekend Movie Madness & Popcorn (T)</p> <p>3:00 Spiritual Hymns (Piano Room) (RRA)</p> <p>6:00 Instant Movie Replay & Popcorn (T)</p>	<p>Updated 12/30/20 at 2:30 PM</p>					

Locations: (C)=Café; (F)=Fitness Center; (TH)=Theater; (CS) =Craft Studio; (L)=Library (R)= Restaurant; (PL)=Piano Lounge; (RRA)=Resident Run Activity; (CTY)=Courtyard; (P)=Piano Room